The Twelve Steps of Narcotics Anonymous, as adapted from A.A., are the basis of our recovery program. We have only broadened their perspective. We follow the same path with a single exception; our identification as addicts is all-inclusive with respect to any mood-changing, mind-altering substance. Alcoholism is too limited a term for us; our problem is not a specific substance, it is a disease called addiction. We believe that as a fellowship, we have been guided by a Greater Consciousness, and are grateful for the direction that has enabled us to build upon a proven program of recovery

Basic Text, 5th Edition

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# **MEETING LEGEND**

BIRTHDAY
BOOK STUDY
CANDLELIGHT
CHILD CARE
CLOSED MEETING - ADDICTS ONLY
DISCUSSION
INFORMATION PAMPHLET STUDY
JUST FOR TODAY
LITERATURE
MEN'S MEETING
POT LUCK
SPEAKER
SPEAKER DISCUSSION
SPEAKER TAPE
STEP STUDY
TOPIC DISCUSSION
TRADITIONS
TOPIC TAG
VARYING FORMAT
WOMEN'S MTG
YOUTH

All Meetings are open to anyone, with the exception of Closed Meetings. Closed Meetings are for people who identify as Addicts.

This also means no children

\*\*Upcoming Activities/Announcements\*\*

Lit For The Locked Up Fundraiser

Sept. 28 2019 @10:00 am

1390 Franklin Rd Yuba City,Ca

# TAC XX CONVENTION OF NA JANUARY 10,11,&12 2020 Red Lion Hotel in Eureka,Ca

Phone Numbers

-		



# **Meeting Schedule**

Sept-Nov

Updated September 4, 2019

Narcotics Anonymous is a fellowship of recovering addicts who are living their lives without the use of drugs. We meet regularly to help each other stay clean. It costs nothing to become a member of N.A. The only requirement for membership is a desire to stop using.

Middle Mountain Area Helpline: 1 (844) 530-HOPE (4673)

# www.middlemountainarea.com

MIDDLE MOUNTAIN AREA of NA *P.O. BOX 6*Marysville, CA. 95901

In the spirit of cooperation and without affiliation or endorsement, families and friends of addicts can call Nar-Anon at (800) 477-6291 or visit their website at www.nar-anon.org

Sunday

9:00 am **Marysville,** Breakfast club (SD) 724 J st. Marysville Ca 95901

5:30 pm Marysville, Marysville NA, (SD) 1st Sunday of the month (S, BD) Hall st. Community Church 2405 Hall st.

7:00 pm **Gridley**, Gridley NA (D), St Timothy's Episcopal Church, 410 Jackson Street

### Monday

12:00 pm **Marysville**, Marysville NA, (TD) Hall st. Community Church 2405 Hall st.

6:00 pm **Marysville**, Marysville NA, (JFT) Hall st. Community Church 2405 Hall st.

6:30 pm \*\*Lincoln, Lincoln Group, (TD)
United Methodist Church,
629 I Street.

7:00 pm **Olivehurst**, Olivehurst Group, (JFT) Truth Tabernacle Church, 5206 Tulip Road.

7:00 pm Yuba City, Free at Last, (SD,CC) Last Monday of the month (6:30 PL, CC, S, BD) First Lutheran Church, 850 Cooper Avenue

# **Tuesday**

2:00 pm Yuba City, Mid-Day NA, (V)
\*NEW LOCATION\* St. Andrews Church,
1390 Franklin Road, Room B

6:00 pm **Marysville**, Marysville NA, (L, D) Hall st. Community Church 2405 Hall st.

6:00 pm \*\*Colusa, Road to Recovery, (JFT)
Last Tuesday of the month (5:30 PL, BD)
Trinity Methodist Church,
511 Oak Street

7:00 pm **Yuba City**, Free At Last, (BS) First Lutheran Church, 850 Cooper Avenue

Meetings with \*\*asterisks\*\*
"NEEDS SUPPORT"

#### Wednesday

12:00 pm **Marysville**, Marysville NA, (TD) Hall st. Community Church 2405 Hall st.

6:00 pm Marysville, Marysville NA, (JFT) Hall st. Community Church 2405 Hall st.

6:30 pm \*\*Marysville, Women With Hope, (W)
Last Wednesday of the month (SD, BD)
New Beginning Church,
616 C Street
7:00 pm Yuba City, Wednesday Night Men's, (M, D, C)
St. Andrews Church.

7:00 pm Gridley, Gridley NA (D), St Timothy's Episcopal Church, 410 Jackson Street\

#### **Thursday**

2:00 pm Yuba City, Mid-Day NA, (V)
First Thursday of the month (S, BD)
\*NEW LOCATION\* St. Andrews Church,
1390 Franklin Road, Room B
6:00 pm Marysville, Marysville NA, (BS)
Hall st. Community Church
2405 Hall st.

6:30 pm \*\*Lincoln, Lincoln Group, (V)
United Methodist Church,
629 I Street.

7:00 pm Olivehurst, Olivehurst Group, (JFT)
Truth Tabernacle Church,
5206 Tulip Road.

7:00 pm Yuba City, Free At Last, (JFT)
First Lutheran Church,
850 Cooper Avenue

# <u>Friday</u>

12:00 pm **Marysville**, Marysville NA, (TD) Hall st. Community Church 2405 Hall st.

7:00 pm **Yuba City**, Free at Last, (SD, CC) First Lutheran Church, 850 Cooper Avenue

7:00 pm **Gridley**, Gridley NA (D) St Timothy's Episcopal Church, 410 Jackson Street 9:00 pm **Marysville**, Marysville NA, (S,CL) Hall st. Community Church 2405 Hall st.

#### Saturday

6:30pm Lincoln, Lincoln Group (S)
United Methodist Church 629 I st.

7:00 pm **Marysville**, Marysville NA, (D) Hall st. Community Church 2405 Hall st.

7:00 pm **Olivehurst**, Olivehurst Group, (TD)
1st Saturday of the month (BD)
Truth Tabernacle Church,
5206 Tulip Road

Any mention of buildings / facilities is not to imply endorsement or affiliation; it is only to help you find the location of the meeting

# ASC MEETING INFORMATION

Area Service Committee: info@middlemountainarea.com
Meets at 7:00 pm, the first Friday of the month at
St. Andrews Presbyterian Church, 1390 Franklin
Road, Yuba City. Parking in back.

\*\*NEW\*\* Admin. Meeting: Meets at 6:30pm, right
before the Area Service Committee at same location
as above

**H&I / PR:** \*\*NEEDS SUPPORT\*\*

info@middlemountainarea.com

Meets at 8:15pm on the Tuesday following ASC at
850 cooper ave Yuba City, CA 95991

MMANA Activities Committee Meets 1st. And 3rd sundays @ 4pm 2405 Hall St. Marysville, CA

**Literature**: info@middlemountainarea.com TBD

Schedule changes, contact Greg R. 530-813-5745